

# RWANDA

100m	11.25	Patrick Habimana	Erie	30 Apr 11
200m	22.17	Emmanuel Rubayiza	Athens, GA	19 Apr 97
400m	48.80	Emmanuel Rubayiza	Harare	14 Sep 95
800m	1:49.35	Alexis Sharangabo	Nassau	26 May 99
1500m	3:38.16	Alexis Sharangabo	Stanford	29 Jul 00
3000m	7:41.64	Mathias Ntawulikura	Köln	16 Aug 92
5000m	13:11.29	Mathias Ntawulikura	Roma	9 Jun 92
10000m	27:22.28	Dieudonné Disi	Bruxelles	14 Sep 07
Marathon	2:09:55	Mathias Ntawilukura	London	16 Apr 00
110mH	15.5h	Augustin Kabanda	Kigali	22 Aug 87
400mH	54.36	Faustin Butéra	Los Angeles	3 Aug 84
3000mSt	8:39.05	Gervais Hakizimana	Pézenas	28 May 11
HJ	1.90	Côme Habingabwa	Kigali	25 May 83
PV	4.10	Jean-Baptiste Biményimana	Bugesera	16 Nov 81
LJ	7.00	Jean Kanyangara	Kigali	1 / 2 Jun 13
TJ	15.02	Albert Sezikeye	Montpellier	14 May 87
SP	14.05	François Rwéma	Valbonne	29 Jul 81
DT	43.00	Augustin Kabanda	Kigali	24 May 76
JT	45.82	Twizere	Kigali	1 / 2 Jun 02
4x100m	43.6		Nairobi	3 Dec 06
		(Minani, F. - Mulinda, I. - Ndayisaba, S. - Barabesya, J.D.)		
4x400m	3:21.01		Nairobi	31 Jul 10
		(Muvunyi, H. - Ntakirutimana, E. - Bagina, T. - Bizimana, M.)		
100m	12.95	Jeannette Uwera	Kampala	4 / 5 May 12
200m	26.76	Sophie Kanakuzé	Nairobi	31 Jul 10
400m	58.26	Épiphanie Uwintije	Alger	18 Jul 07
800m	2:10.0	Christine Mukamutesi	Kigali	28 Aug 00
1500m	4:17.82	Angeline Nyiransabimana	Velletri	22 Jun 08
3000m	8:59.90	Marcianne Mukamurenzi	Dijon	27 Jul 91
5000m	15:43.89	Angeline Nyiransabimana	Jerez de la Fr.	24 Jun 08
10000m	32:27.90	Marcianne Mukamurenzi	Reims	3 Jul 91
Marathon	2:33:59	Épiphanie Nyirabarame	Berlin	23 Aug 09
100mH	18.60	Dativa Mukandinda	Blois	29 Jun 02
HJ	1.60	Joselyne Mushimiyimana	Kigali	1 / 2 Jun 13
LJ	5.10	Béatrice Nyiraguirwa	Kicukiro	15 May 88
TJ	10.58	Chantal Uwizeyimana	Kigali	1 / 2 Jun 13
SP	10.26	Félicité Uwilingiyimana	Namur	28 Apr 07
DT	31.62	Chantal Sezikeye	Orvieto	24 Sep 06
HT	39.58	Félicité Uwilingiyimana	Nivelles	26 Apr 06
JT	33.94	Dativa Mukandinda	Nogent-s-Oise	5 May 02
4x100m	52.9		Nairobi	3 Dec 06
		(Kanakuzé, S. - Dusabé, G. - Uwanyiririgira, B. - Nyinawabana, S.)		
4x400m	4:01.16		Alger	22 Jul 07
		(Uwintije, E. - Nyabanikazi, L. - Nyiraguirwa, C. - Uwamahoro, J.)		