



# Rwanda Athletics Federation

RESULTS OF THE NATIONAL ATHLETICS CHAMPIONSHIPS OF 3<sup>rd</sup> AUGUST 2019

KIGALI - AMAHORO NATIONAL STADIUM

High: 25<sup>o</sup>

Visibility: 11.3km

Pressure: 1010hPa

Humidity: 56%

Wind: SSE 13km/Hr

UV Index: 9

**Discipline : 100m**

**Category: Men**

Rank	Bib	Names	Club	DOB	Results
1	10777	NDAGIJIMANA HAKIM	POLICE	1997	11"31"
2	10902	DUKESHIMANA PATIENT	SINA GERARD	1998	11"41"
3	10833				11"57"
4	10872	NDIZEYE	NYAMASHEKE	1996	11"72"
5	10841	MPAWUMUGISHA EMMANUEL	NAS	2001	11"73"
6	10781	TAWAMU WABENGA	POLICE	1995	12"05"
7	10782	ISHIMWE NOAH	VJN	1996	12"28"
8	10900	MAYUGI PATRICK	VJN	1998	12"63"
9	10778	BIZIMANA JEAN CLAUDE	POLICE	1995	12"83"
10	10799	TUYISHIMIRE YVES	KAVUMU	1996	13"05"
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Wind: SSE 13km/Hr

UV Index: 9

Discipline : 100m

Category: Women

Rank	Bib	Names	Club	DOB	Results
1	10909	NIYONKURU MARTHE	GICUMBI	2001	12"59"
2	10864	UWIRINGIYIMANA NOELLA	NYAMASHEKE	1999	13"02"
3	10786	MULISA JOSELYNE	VJN	2001	13"62"
4	10862	NYIRABARAME EUGENIE	APR	1997	13"84"
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**UV Index: 9**

**Discipline : 200m**

**Category: Men**

Rank	Bib	Names	Club	DOB	Results
1	10776	NSENGIYUMVA JUSTIN	POLICE	1997	22"55"
2	10833				22"97"
3	10854	MUVUNYI HERMAS	APR	1988	23"22"
4	10872				23"52"
5	10841	MUGISHA EMMANUEL	NAS	2001	23"62"
6	10781	TAWAMU WABENGA	POLICE	1995	23"84"
7	10902	DUKESHIMANA PATIENT	SINA	1998	24"05"
8	10782	ISHIMWE NOAH	VJN	1996	24"46"
9	10799	TUYISHIMIRE YVES	KAVUMU	19996	24"89"
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**Wind: SSE 13km/Hr**

**UV Index: 9**

**Discipline : 200m**

**Category: Women**

Rank	Bib	Names	Club	DOB	Results
1	10908	NIYONKURU MARTHE	GICUMBI TVET	2001	26"26"
2	10864	UWIRINGIYIMANA NOELLA	NYAMASHEKE	1999	27"44"
3	10793	INGABIRE SIFA	RWAMAGANA	2000	27"81"
4	10909	UWUZUYINEMA DELPHINE	RWAMAGANA	2002	28"16"
5	10862	NYIRABARAME EUGENIE	APR	1997	29"59"
6	10787	ZANEZA SANDRINE	VJN	1996	31"13"
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**UV Index: 9**

**Discipline : 400m**

**Category: Men**

Rank	Bib	Names	Club	DOB	Results
1	10776	NSENGIYUMVA JUSTIN	POLICE	1997	49"81"
2	10774	ABAYISENGA ELYSEE	POLICE	1997	50"06"
3	10781	TAWAMU WABENGA	POLICE	1995	50"76"
4	10887	TURIKUNKIKO ERIC	RUTSIRO	1993	50"94"
5	10827	NKEJUMUTO ILDEPHONSE	NAS		51"81"
6	10889	UGEZIWE DIEUDONNE	KAMONYI	2002	52"62"
7	10775	IGIRANEZA PLACIDE	POLICE	1994	53"22"
8	10855	NGENDAGIMANA ALPHONSE	APR	1993	56"56"
9	10815	IZERUWASE VALENTIN	MCAC	2001	56"75"
10	10856	NDAYISENGA JEAN CLAUDE	APR	1993	1'00"64"
11	10839	MUNEZERO ERIC	NAS	2000	1'04"31"
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**UV Index: 9**

**Discipline : 400m**

**Category: Women**

Rank	Bib	Names	Club	DOB	Results
1	10793	INGABIRE SIFA	RWAMAGANA	2000	1'00"13"
2	10898	NYIRANEZA DONATHA	KAMONYI	2002	1'00"52"
3	10909	UWUZUYINEMA DELPHINE	KAYONZA	2001	1'01"33"
4	10780	NYIRANEZA JOSELYNE	POLICE	1996	1'01"79"
5	10820	NISHIMWE BELYSE	MCAC	1994	1'03"18"
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**UV Index: 9**

**Discipline : 800m**

**Category: Women**

Rank	Bib	Names	Club	DOB	Results
1	10865	KAZUNGU FANNY	NYAMASHEKE	1999	2'09"41"
2	10861	ISHIMWE ALICE	APR	1997	2'12"91"
3	10780	NYIRANEZA JOSELYNE	POLICE	1996	2'16"02"
4	10898	NYIRANEZA DONATHA	KAMONYI	2002	2'22"19"
5	10820	NISHIMWE BELYSE	MCAC	1994	2'23"31"
6	10779	NYIRABIZEYIMANA DIANE	POLICE	1992	2'31"02"
7	10897	MUKAMUSANA SANDRINE	KAMONYI	2002	2'43"31
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Humidity: 56%

Wind: SSE 13km/Hr

UV Index: 9

Discipline : 800 m

Category: Men

Rank	Bib	Names	Club	DOB	Results
1	10772	SAFARI EMMANUEL	POLICE	1993	1'52"22"
2	10851	NGURINZURA J BAPTISTE	APR	1986	1'52"47"
3	10774	ABAYISENGA ELYSE	POLICE	1997	1'53"33"
4	10817	NGABONZIZA MARCEL	MCAC	1994	1'55"37"
5	10827	NKEJUMUTO ILDEPHONSE	NAS	1999	1'58"37"
6	10887	TURIKUNKIKO ERIC	RUTSIRO	1993	1'59"55"
7	10852	MIZERO TELESHORE	APR	1991	2'00"12"
8	10775	IGIRANEZA PLACIDE	POLICE	1994	2'03"12"
9	10773	NYANDWI ISLAEL	POLICE	1997	2'04"15"
10	10907	DUSABINEMA EMMANUEL	SINA	1994	2'04"62"
11	10853	NSABIMANA J CLAUDE	APR	1995	2'04"97"
12	10813	DUSINGIZIMANA MODESTE	MCAC	2001	2'23"19"
13	10803	IYAKAREMYE J D' AMOUR	KAVUMU	2000	2'23"75"
14	10796	KWIZERA SAMUEL	KAVUMU	2000	2'24"25"
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Wind: SSE 13km/Hr

UV Index: 9

**Discipline : 1500m**

**Category: Women**

Rank	Bib	Names	Club	DOB	Results
1	10859	MUSABYEYEZU ADELINE	APR	1996	4'28"25"
2	10865	KAZUNGU FANNY	NYAMASHEKE	1999	4'29"28"
3	10819	MUTUYIMANA EIPHANIE	MCAC	2000	4'48"50"
4	10779	NYIRABIZEYIMANA DIANE	NAS	2002	4'49"96"
5	10860	N.NIZEYIMANA CLEMENTINE	APR	1996	4'58"81"
6	10830	NIYIDUKUNDA DIANE	NAS	2002	5'00"75"
7	10822	TUYISENGE M.CLAIRE	KAVUMU	2001	5'07"28"
8	10897	MUKAMUSANA SANDRINE	KAMONYI	2002	5'10"46"
9	10879	NYIRANZIMENYA CLAUDINE	RUTSIRO	1989	5'20"31"
10	10821	UMWARI ROSINE	NAS	2001	5'25"03"
11	10811	NYIRABASARE JACQUELINE	KAVUMU	2001	5'38"81"
12	10880	TUYISHIME MARCELLINE	RUTSIRO	2000	5'40"25"
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Humidity: 56%

Wind: SSE 13km/Hr

UV Index: 9

Discipline : 1500m

Category: Men

Rank	Bib	Names	Club	DOB	Results
1	10772	SAFARI EMMANUEL	POLICE	1987	3'51"96"
2	10849	NKUNDUMUREMYI CELESTIN	APR	1991	3'52"64"
3	10848	NTAWUYIRUSHINTEGE POTIEN	APR	1988	3'54"59"
4	10812	INGABIRE VICTOIR	MCAC	2000	3'56"07"
5	10850	DUSHIMIRIMANA GILBERT	APR	1988	3'57"46"
6	10907	DUSABINEMA EMMANUEL	SINA	1994	3'58"28"
7	10773	NYANDWI ISRAEL	POLICE	1995	4'13"14"
8	10874	HABINSHUTI ALEXIS	NAS	2002	4'18"67"
9	10885	NIYONZIMA BENJAMIN	RUTSIRO	1999	4'19"31"
10	10837	KWIZERA ERIC	NAS	2000	4'19"89"
11	10904	SEMANZA CHRISTOPHE	SINA	1990	4'27"24"
12	10883	MUHIRE APHRODIS	RUTSIRO	1995	4'34"31"
13	10886	SHUMBUSHO REMMY	RUTSIRO	2001	4'38"67"
14	10906	NIYIGENA ROBERT	SINA	1992	4'44"59"
15	10798	ISSHIMWE J.BOSCO	KAVUMU	2001	4'45"42"
16	10803	IYAKAREMYE J D'AMOUR	KAVUMU	2000	4'45"84"
17	10805	KWIZERA PACIFIQUE	KAVUMU	2001	4'46"31
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UV Index: 9

Discipline : 5000m

Category: men

Rank	Bib	Names	Club	DOB	Results
1	10846	NIMUBONA YVES	APR	1998	14'10"45"
2	10770	MUTABAZI EMMANUEL	POLICE	1993	14'41"06"
3	10826	RUBAYITA SIRAJI	NAS	1989	14'52"53"
4	10850	DUSHIMIMANA GILBERT	APR	1988	14'57"23"
5	10847	NIZEYIMANA SYLVAIN	APR	1994	15'08"88"
6	10836	HABAKUZIRIKANA ISAE	NAS	2001	15'12"88"
7	10834	ABAYISENGA DAVID	NAS	2001	15'42"38"
8	10828	TURATSINZE ISDRAS	NAS	1992	15'59"16"
9	10881	BOGOREYIKI ELILEZEL	RUTSIRO	1994	16'02"48"
10	10771	NIYONZIMA OLIVIER	POLICE	1994	16'22"80"
11	10814	NDASHIMYE THEOPHILE	MCAC	2000	16'30"73"
12	10905	TUYIZERE PACIFIQUE	SINA	1995	18'02"71"
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UV Index: 9

**Discipline : 5000m**

**Category: Women**

Rank	Bib	Names	Club	DOB	Results
1	10818	IBISHATSE ANGELIQUE	MCAC	2001	18'14"22"
2	10903	NAYITURIKI DOROTHEE	RWAMAGANA	2002	18'39"07"
3	10866	MUKARUGWIZA JEANNETTE	NYAMASHEKE	2000	19'34"07"
4	10878	NYIRASHASHI JOSELYNE	RUTSIRO	1992	19'53"82"
5	10877	NYIRANEZA DIANE	RUTSIRO	1995	23'45"48"
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**UV Index: 9**

**Discipline : 10000m**

**Category: men**

Rank	Bib	Names	Club	DOB	Results
1	10844	SEBAHIRE ERIC	APR	1983	30'25"76"
2	10768	GAKURU DAVID	POLICE	1997	31'01"09"
3	10767	NDAGIJIMANA ENOCK	POLICE	1988	31'26"22"
4	10842	SHYAKA OLIVIER	APR	1989	31'33"37"
5	10890	NIRENGANYA FIDELE	KAMONYI	2000	33'08"66"
6	10829	NIYONKURU EMMANUEL	NAS	2000	33'14"69"
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**Discipline :10000m**

**Category: Women**

Rank	Bib	Names	Club	DOB	Results
1	10857	MUKASAKINDI CLAUDETTE	APR	1982	37'46"47"
2	10899	UWAMBAJIMANA JEANNETTE	KAMONYI	2000	39'00"72"
3	10769	DUSHIMIMANA CLAUDINE	POLICE	1997	40'17"79"
4	10808	UWIRINGIYIMANA NABORA	KAVUMU	2001	41'53"75"
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**UV Index: 9**

**Discipline :Jumps MEN**

Rank	Bib	Names	Club	DOB	Results
<b>HIGH</b>					
1					
2					
3					
4					
5					
<b>LONG</b>					
1	10791	TUYISHIME POMPIDON	RWAMAGANA	1999	5.67M
2	10900	MAYUGI PATRICK	VJN	1998	5.25M
3	10806	SINDIKUBWABO ERIC	KAVUMU	1991	4.95M
4	10799	TUYISHIMIRE YVES	KAVUMU	1996	4.88M
5	10798	ISHIMWE J BOSCO	KAVUMU	2002	4.30M
<b>TRIPLE</b>					
1	10791	TUYISHIME POMPIDON	RWAMAGAN	1999	12.65M
2	10891	NIYOMUGABO CEDRIC	KAMONYI	1999	11.70M
3	10900	MAYUGI PATRICK	VJN	1998	10.74M
4	10799	TUYISHIRE YVES	KAVUMU	1996	10.34M
5	10806	SINDIKUBWABO ERIC	KAVUMU	1991	9.95M



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**UV Index: 9**

**Discipline :THROWS MEN**

Rank	Bib	Names	Club	DOB	Results
<b>SHOT</b>					
1	10791	TUYISHIME POMPIDON	RWAMAGANA	1999	10.94M
2	10766	BYIRINGIRO JP CYRILLE	POLICE	1983	10.10M
3	10868	NZIYUMVIRA PASCAL	NYAMASHEKE	1995	8.81M
4					
5					
<b>DISCUS</b>					
1	10891	NIYOMUGABO CEDRICK	KAMONYI	1999	22.53M
2	10766	BYIRINGIRO JP CYRILLE	POLICE	1983	21.25M
3	10868	NZIYUMVIRA PASCAL	NYAMASHEKE	1995	16.88M
4					
5					
<b>JAVELIN</b>					
1	10766	BYIRINGIRO JP CYRILLE	POLICE	1983	42.33M
2	10891	NIYOMUGABO CEDRIC	KAMONYI	1999	34.67M
3	10868	NZIYUMVIRA PASCAL	NYAMASHEKE	1995	28M
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**Discipline :Jumps WOMEN**

Rank	Bib	Names	Club	DOB	Results
<b>HIGH</b>					
1					
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5					
<b>LONG</b>					
1	10863	TUYIZERE ANGELIQUE	NYAMASHEKE	1997	4.71M
2	10864	UWIRINGIYIMANA NOELLA	NYAMASHEKE	1998	4.49M
3	10786	UMULISA JOSELYNE	VJN	2001	4.48M
4					
5					
<b>TRIPLE</b>					
1	10909	NIYOMKURU MARTHE	GICUMBI	2000	10.61M
2	10866	MUKARUGWIZA JEANNETTE	NYAMASHEKE	2000	10.10M
3	10787	ZANEZA SANDRINE	VJN	1996	9.10M
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