

KIGALI INTERNATIONAL PEACE MARATHON

GENERAL RULES AND REGULATIONS

1. GOVERNANCE

The event is run in accordance with the World Athletics (W.A) technical rules 240 in Section VII on road races of 2020 in force from 1st November 2020, and the world athletics Rule 260.28 which are in harmony with the ones of Association of International Marathons and Distance Races (AIMS) and these of Rwanda Athletics Federation.

The KIPM circuit complies with detailed international criteria in order to be considered eligible in the top lists, marathons that provide Entry standards, World Rankings and World Records.

2. Legal International Accreditation

The course was first measured by the late John Verzian ; who was World Athletics /AIMS certified grade A course measurer in 2014, from 2015 the race has received its international recognition and was added on International calendar of marathons. Following the international rules, the course was re-measured again in 2020 by Michael Hughes, the World Athletics/ AIMS course measurer.

The Kigali International Peace Marathon 2022 was awarded a World Athletics Label after the positive assessment done by World Athletics on the previous editions' organizations and how it's organization meet detailed criteria and requirements specifically the respect of competition technical rules, the anti-doping rules, medical guidelines, timing system and results production.

The World Athletics Label Road Races programme gathers the world's leading races.

A World Athletics Label denotes high standards in event organization, safety and runner experience, application of the World Athletics Rules and Regulations in particularly and, support from public authorities to the event and a financial commitment to anti-doping. The Labels also categorize elite competitions, with implications on ranking points available to international elite athletes, and Olympics and World Championships qualification slots offered by the highest-categorized competitions.

3. COURSE

The half marathon length is one loop of 21.098 metres and is certified by Association of International Marathons and Distance Races (AIMS), the full marathon length is on a two loops of 42.196.00 metres also certified by AIMS. Both races start on KG 17 Avenue at edge of zebra crossing outside of the spectacular Kigali Arena, a magnificent sports and events facility located right outside of the Amahoro National Stadium. The races head southward, the course runs predominantly on dual carriage way, each side separated by a concrete centre divide approx. 30 inches high. the full width of the appropriate side of the carriageway is available to runners.

Only a portion of the course (the full length of KG 9 Ave (2.9 kms) and 200 metres of KG 11 Ave) runs on a road with traffic in both directions. In these instances, the runners are restricted to the right-hand side of the road (the side used by normal everyday traffic) enforced by placement of barriers for the duration of the restriction. With barriers in place the full width of the right side of the road is available to runners. The segment on Nyarutarama road (from RDB to Nyarutarama – Kabuga intersection) is divided into two parts separated by barricades. Coming from there, runners head right southward, wandering through the roads around the spectacular Kigali Convention Center (the leading conference venue in the region and a landmark on the city landscape, with its dome-shape exterior, akin to a traditional Rwandan king's palace). The course then hits a turnaround point at Kimihurura park (KG 1 Round about) and heads back to Remera and Kimironko.

The Finish line is the same line as the start line, finishers of Half Marathon are diverted to cross on the left hand side - in the layby. The Full marathon runners can pass on the right hand side of the line to commence a 2nd 21.098 km loop

4. THE START

Both races start on KG 17 Avenue at edge of zebra crossing outside Kigali Arena, races shall be started by an air horn, as per W.A Rules the commands for races shall be given to athletes as follow: five-minute, three-minute and one-minute to warn competitors before the start. on the command “On your marks”, the athletes shall assemble on the start line in the manner

determined by the starting manager at this time, the manager shall ensure that no athlete has his foot (or any part of his body) touching the start line or the ground in front of it, and our chief guest assisted by the race director shall then start the races at an exact time communicated to participants, with no delay of a single half on a minute.

Though recalling starts may be difficult, in any case, however where if we find a clear and willful breach, the Referee should not hesitate to consider Appropriate action in respect of an individual either during or after the race. If the start mechanism malfunctions and it is clear or possible that the timing system may not have started a recall where practical might be the best option, immediately the Race director who shall be closer to the starter (Chief guest) will communicate to Chief referee and timing system team to manage the situation following rules.

5. SAFETY

According to the point 7 of the rule 240 in Section VII of International Rules, the organization shall ensure the safety of athletes and officials and shall ensure that the roads to be used for the competition Will be closed to motorized traffic in all directions, it is also important to note that the road shall be closed early before, to allow officials to put barricades and refreshments stations.

- **Slow Runners:** A Stragglers bus will follow the back markers on each race. The stragglers bus will notify late runners that the roads are open. (After roads are open= the finish of the event) the Rwanda Traffic regulations apply, any competitor still on the roads after this time is regarded by Rwanda law as pedestrian.

- **Dropping out:**

For those enable to continue the race at any point, we advise them to move over the side of the road and wait for the straggles bus. Anyone may also wish to stop at a water station, each of these stations will have a manager and the competitor should inform them on the intention to stop. They can assist in arrangements to return to the Kigali Arena.

6. DRINKING / SPONGING AND REFRESHMENT STATIONS

As per the guidance of the 240 rule, point 8 in its sub-section 1 to 8 (55.8.1,2,3,4,5,6,7,8) water and other suitable refreshments shall be available at the Start and finish of all races, normally the rules say that for all events, water have to be available at suitable intervals of approximately 5km, but *where conditions warrant, taking into account the nature of the event, the weather conditions and the state of fitness of the majority of the competitors, and also in consideration with altitude and climatic conditions, water and/or refreshments may be placed at more regular intervals along the route.*

Therefore in KIPM 2023, we shall have 8 water stations (6 on the course and two at the start and finish). The Refreshments at route stations shall have water, but the refreshment at the finish point shall include drinks (Water) and bananas for energy supplements. Though refreshments will normally be provided by the Organizers but any athlete is permitted to provide their own, in which case the athlete shall nominate at which stations they shall be made available to him. Refreshments provided by the athletes shall be kept under the supervision of officials designated by the LOC from the time that the refreshments are lodged by the athletes or their representatives. Those officials shall ensure that the refreshments are not altered or tampered with in any way.

The manager of refreshment shall delineate, by barriers, tables or markings on the ground, the area from which refreshments can be received or collected. Refreshments shall be placed so that they are easily accessible to, or may be put by authorized persons into the hands of, the athletes. Such persons shall remain inside the designated area and not enter the course nor obstruct any athlete. No official or authorized person shall, under any circumstances, move beside an athlete while he is taking refreshment or water, KIPM 2023 water stations shall have three tables placed in 10m away of separations and each table shall have one official responsible of it with a supervisor of the station coordinating and making sure that there is no breach of rules at that station.

An athlete may, at any time, carry water or refreshment by hand or attached to his body provided it was carried from the start or collected or received at an official station. An athlete who

receives or collects refreshment or water from a place other than the official stations, except where provided for medical reasons from or under the direction of race officials, or takes the refreshment of another athlete, shall be disqualified and shall then immediately leave the course. Whoever takes water of his/her fellow athletes shall be shown a yellow card, if he /she does it twice, he/she shall be also disqualified.

Note: An athlete may receive from or pass to another athlete refreshment, water or sponges provided it was carried from the start or collected or received at an official station. However any continuous support from an athlete to one or more others in such a way may be regarded as unfair assistance and warnings and/or disqualifications as outlined above may be applied.

7. RACE CONDUCT

An athlete may leave the marked course with the permission and under the supervision of an official, provided that by going off course he does not shorten the distance to be covered. If the Referee is satisfied on the report of a Judge or Umpire or otherwise that an athlete has left the marked course thereby shortening the distance to be covered, he shall be disqualified. Umpires shall be placed at regular intervals and at each key point, we shall also place other umpires who shall be moving along the course during the race.

At all refreshment station umpires who are there shall be considered as assistant Referees and that they be in communication with the Referee to ensure the effective co-ordination of warnings and disqualifications. As always, they will be possibility as per the Note to Rule 144.2 that in some circumstances disqualification can, and should, occur without a warning being given.

8. OTHER SERVICES ON THE ROUTE

Mobile Bathrooms shall be place along the course as well as sponging stations, we request participants to discard the bottles in either provided roadside dustbins or to the side of the road. Dropping bottles on the road might be hazardous to runners behind.

First aid: First aid stations are manned by Doctors and nurses medical commissions and first aid personnel will be placed where necessary in the circuit to facilitate whoever has a problem.

Ambulance: Ambulances will be strategically positioned on the route by the medical commission,

Medical center: The main medical center, fully equipped, will be placed at Kigali Arena by Medical Commission,

Emergencies and Evacuation: Ambulance will be Standby, for any case and the evacuation will be to King Faysal Hospital and Rwanda Military Hospital.

9. Kit collection for participants

Participants who registered must show their ID to receive the Marathon race kit, number and timing chip at the marathon village. This kit should be picked in person.

Participants who will be enable to collect their race entry pack in person, they may empower a representative to pick the kit up on their behalf. This representative should present the following to the distribution manager:

- a. A letter authorizing the collection of the kit signed by the participant;
- b. Copies of the relevant entry documentation;
- c. Copy of the participant's identity.

10. Participation

- a.** In KIPM Participants of Full and Half Marathon must be over 22 Years of age and must be checked before by the medical team,
- b.** Participants in the Run for Peace under the age of 18 must be accompanied at all times by a responsible adult;
- c.** Participants must be in good health and physically prepared to take on the challenge of the race for which they are entered,

- d.** Participants are required to wear an official marathon race number on the front of their jersey to participate in the Kigali International Peace Marathon;
- e.** No individual vehicles, motorbikes or Bicycles are allowed on the course;
- f.** Pet Animals, whether on lead or not are not allowed on the course;
- g.** Personal trainers, mentors or coaches will not be allowed on the course unless they are entered in the event and wearing an official Marathon Race Number;
- h.** No person shall under any circumstances run beside an athlete while he/she is taking refreshment or water, an athlete who collects refreshment from a place other than the refreshment stations renders him/herself liable to disqualification by the referees;
- i.** Competitors are obliged to follow the instruction of steward, race officials or Rwanda traffic police at all times;
- j.** Participants must start at the official start line and complete the full officially measured course;
- k.** Participants must start the event at the officially sanctioned start time only.

11. Finish of the event

The events will take 6 hours starting from when last event start. Rwanda National Police will lift Road closures, in accordance with the schedule published time. The road opening* signifies the finish of the event and any competitor on the course after this time will be excluded from the result.

After roads are open (the finish of the event) the Rwanda Traffic regulations apply. Rwanda Law regards any competitor still on the roads after this time as pedestrian.

*A trial vehicle or the stragglers bus will advise late runners that the roads are about to open to normal everyday traffic.

12. Conformity

It is responsibility of the competitor to familiarize themselves with the event rules, the race formats, times and routes and any direction as published in this document provided with the marathon race pack. Failure to comply with any of the rules may lead to disqualification.

13. EVENT PROGRAM

Assembly Venue: Amahoro National Stadium

Event	Distance	First announcement	2 nd Call	Assembly time	Start
Half Marathon	21.098 km	06:50	07:05	07:20	07:30
Full Marathon	42.146 km	07:10	07:25	07:40	07:50
Run for Fun	10 km	07:32	07:50	08:05	08:20

Finish Half Marathon Men (Fastest) 8:30 – 8:40 am

Finish Half Marathon Women 8:43 – 8:53 am

First Circuit Full Marathon Men 9:05 am

First Circuit Full Marathon Women 09:15 am

Finish Full Marathon Men 09:59 am – 10:10 am

Finish Full Marathon Women 10:13 am – 10:23

15 Minutes after the arrival of the Bronze medal winner, medal ceremonies shall proceed **Note that For the Finisher, the highlighted time is an expected time**

Finish of the Event: 13:50 pm Kigali Time

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